Hibiclens Bathing Instructions for
The Night Before Surgery

We need to be sure your skin is as free of bacteria as possible before surgery. Thoroughly washing the skin can greatly reduce the number of bacteria. Please follow the instructions below to clean your skin the night before surgery.

• Use the special soap provided called Hibiclens. Hibiclens is a brand name for soap called chlorhexidine gluconate (CHG). This product should not be used if you are allergic to CHG.

• Shower or bathe with Hibiclens the night before your surgery then again the morning of surgery.

Bathing or showering steps
1. In the shower or tub, wash body with regular soap and water first. Wash the hair as usual with your normal shampoo.
2. Rinse the hair and body thoroughly to remove soap and shampoo residue.
3. Apply the Hibiclens soap to your entire body ONLY FROM THE NECK DOWN. Do not use Hibiclens near the eyes or ears to avoid permanent injury to those areas.
4. Turn water off to prevent rinsing off soap too soon. Wash the body gently for five minutes. **Do not scrub the skin too hard. Wash thoroughly with the Hibiclens, paying special attention to the area where the surgery will be done. Do not wash with regular soap after the Hibiclens is used.**
5. Turn the water back on and rinse the body thoroughly.
6. Pat your skin dry with a clean, soft towel.

Hibiclens or CHG soap can be purchased at most large pharmacies. Your local CVS or Walgreens carries this product. The soap may come in a liquid form or in a scrub brush applicator. Either form is fine.